

Shackles

Choreographed by Jo Thompson Szymanski

Description: 32 count, 4 wall, beginner line dance

Music: Till The Shackles Fall Off by Scooter Lee

Cricket On A Line by Colt Ford Feat Rhett Akins [CD: Chicken And Biscuits / Available on iTunes] Start dancing on lyrics

TOE STRUTS FORWARD, ROCKING CHAIR

1-2 Step right toe forward, drop right heel

3-4 Step left toe forward, drop left heel

5-6 Rock right forward, recover to left

7-8 Rock right back, recover to left

TOE STRUTS FORWARD, JAZZ BOX ¼ TURN

1-2 Step right toe forward, drop right heel

3-4 Step left toe forward, drop left heel

5-6 Cross right over left, step left back

7-8 Turn ¼ right, step right to side, cross left over right

VINE RIGHT, STOMP TOGETHER, HEELS LEFT TWICE

1-2 Step right to side, cross left behind right

3-4 Step right to side, gentle stomp left together putting weight on both feet

5-6 Shift both heels left, both heels center (weight on balls of both feet)

7-8 Shift both heels left, both heels center (weight goes to right)

VINE LEFT, STOMP TOGETHER, HEELS RIGHT TWICE

1-2 Step left to side, cross right behind left

3-4 Step left to side, gentle stomp right together putting weight on both feet

5-6 Shift both heels right, both heels center (weight on balls of both feet)

7-8 Shift both heels right, both heels center (weight goes to left)

REPEAT